

## Extension activities by NCC/NSS

2015-16

### Cleaning programme at Thrissur Railway Station

One-year Cleaning programme: NSS units participated the inaugural session of the one-year Cleaning programme organized by the LAMPs in the Thrissur railway station on 01<sup>st</sup> January 2016. Thrissur Station Manager Joseph Ninan, LAMPs Coordinator Sri Jagadeesh Kumar & heads of various departments of railway also attend the programme. Total of 100 NSS Volunteers participated in the cleaning programme in Thrissur railway station on different days.



### **Volunteering Vitulsavam**

Eighteen NSS Volunteers along with NSS P.O participated in the *Vitusavam arranged by Salim Ali Foundation at Vellangallur Panchayath*. Students volunteered the entire programme and helped in the smooth conduction of programme. The Volunteers helped in registration, there was classes on 'jaivakrishi' and also an exhibition on traditional seeds of paddy and other vegetables.



### **Blood donation camp**

NSS units of St. Mary's College organized a blood donation camp on 10th June 2016 in collaboration with IMA, as a part of blood donor's day. 71 persons including staff and students donated in the camp. IMA gave an award to the NSS Units to appreciate their great participation in the blood donation.



### **Talk on Right Parenthood**

As a part of special camp, Dr. Binu K, Assistant professor of Sociology Department St. Mary's College Thrissur gave a class on the topic Right Parenthood to the natives of Nadathara Michabhoomi colony on 22/08/15. It was highly inspirable and useful to them. The mothers also shared their ideas and one of them sang a song. 107 participants was there including 88 volunteers.



### **Socio- economic survey at Nadathara**

NSS Volunteers conducted the socio-economic survey at the Nadathara michabhoomi. The volunteers surveyed 400 houses in the colony on 23/08/15. 88 volunteers participated in it. It was a different experience to the volunteers to interact with the community.



### **Cleaning Programme at Nadathara**

***Shramdan:*** 88 NSS volunteers sorted out the waste materials and cleaned the surroundings and roads at Nadathara junction on 24th August 2015.



### **Mobilization of fund to the Pain & Palliative Care Unit of Thrissur District Hospital**

200 NSS volunteers collected an amount of 6750 and donated to the pain & palliative care unit of Thrissur District hospital on 11<sup>th</sup> November 2015.



### **Helping Differently abled students**

20 NSS Volunteers were deputed as volunteers to the regional Theater of Thrissur to assist the differently abled students in their program organized by the social welfare Department in Thrissur on 3<sup>rd</sup> December 2015.

### **Extended support to SOS Village Mulayam**

50 NSS Volunteers along with NSS P O visited SOS Village at Mulayam and extended mental support to the inmates on 2/01/16. The Volunteers spend the day with the children by entertaining them with dance & music. Volunteers also donated books and other study materials to the students in the SOS village.



## Hands of help to National Blind Chess Players

Hands of help to National Blind Chess Players: NCC cadets collected an amount of 10,000 Rs. for the purpose of buying Chess board to the National Blind Chess Players. 52 of our Cadets were present to ensured that the programme was run smoothly and were curious enough to know the different way of playing chess and using a chessboard by Blind people on 3<sup>rd</sup> August 2015.

